

Michelle A. Chen, Ph.D.

Northwestern University

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ACADEMIC APPOINTMENTS

2022 - present NRSA Postdoctoral Fellow
Northwestern University
Institute for Policy Research

EDUCATION

2017 - 2022 Rice University
Ph.D., Psychology
Area: Health Psychology & Behavioral Medicine

2012 - 2016 Rice University
B.A., Psychology
Minor: Biochemistry and Cell Biology

RESEARCH GRANTS

Ruth L. Kirschstein National Research Service Award (NRSA) Individual Postdoctoral Fellowship (Parent F32), 2022-2025

National Heart, Lung, and Blood Institute, National Institute of Health

Principal Investigator, Neighborhood-Level Structural Racism and Cardiovascular Health Among African American Youth and Young Adults

Status: Awarded

Amount: \$209,046.00

Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship (Parent F31), 2020-2022

National Institute on Aging, National Institute of Health

Principal Investigator, Adverse Childhood Experiences and Individual Differences among Dementia Spousal Caregivers: A Biobehavioral Approach to Stress Across the Lifespan

Status: Awarded

Amount: \$90,321.00

NSF Graduate Research Fellowship Program (GRFP), 2017

Principal Investigator, Examining Racial Discrimination, Cardiovascular Reactivity, and Implicit and Explicit Social Support among African Americans

Status: Honorable Mention

PEER-REVIEWED PUBLICATIONS

+ = equal contribution; * = mentored undergraduate student

28. **Chen, M. A.**, Chen, E., Gallivan, S. U., Brody, E. J., Passarelli, V., & Miller, G. E. (In Press). Socioeconomic disadvantage, neighborhood belonging, and inflammation among adolescents. *Psychosomatic Medicine*. <https://doi.org/10.1097/PSY.0000000000001332>
27. Chen, E., Jiang, T., **Chen, M. A.**, & Miller, G. E. (In Press). Reflections on resilience. *Development and Psychopathology*. <https://doi.org/10.1017/S0954579424000403>
26. O'Riordan, A., **Chen, M. A.**, Maza, V., Vela, N., Wu-Chung, E. L., Henderson, A., Carney, O. L. & LeRoy, A. S. (In Press). A Systematic Review of Intervention Trials Utilizing Biomarkers Among Informal Caregivers of People with Alzheimer's Disease & Related Dementias. *Aging and Disease*. <https://doi.org/10.14336/ad.2024.0115>
25. Argueta, D. L., Brice, K. N., Wu-Chung, E. L., **Chen, M. A.**, Lai, V. D., Paoletti - Hatcher, J., Denny, B. T., Green, C., Medina, L. D., Schulz, P., Stinson, J., Heijnen, C., & Fagundes, C. P. (2024). LPS-induced whole-blood cytokine production and depressive symptoms in dementia spousal caregivers: The moderating effect of childhood trauma. *Psychoneuroendocrinology*, 168, 107140. <https://doi.org/10.1016/j.psyneuen.2024.107140>
24. Paoletti-Hatcher, J., Argueta, D. L., Wu-Chung, E. L., **Chen, M. A.**, Brown, R. L., LeRoy, A. S., Murdock, K. W., Thayer, J. F. & Fagundes, C. P. (2024). High heart rate variability buffers the effect of attachment insecurity on sleep quality. *Psychosomatic Medicine*, 86(4), 349-358. <https://doi.org/10.1097/PSY.0000000000001295>
23. **Chen, M. A.**, Suchting, R., Thayer, J. F., & Fagundes, C. P. (2023). Resilience to stress across the lifespan: Childhood maltreatment, heart rate variability, and bereavement. *Psychology and Aging*, 38(3), 247-262. <https://doi.org/10.1037/pag0000738>
22. **Chen, M. A.** & Fagundes, C. P. (2023). "Psychoneuroimmunology." Oxford Bibliographies. New York: Oxford University Press. <https://doi.org/10.1093/OBO/9780199828340-0303>
21. Majd, M., **Chen, M. A.**, Chirinos, D. A., Brown, R. L., LeRoy, A. S., Murdock, K., Wu-Chung, E. L., Thayer, J. F., & Fagundes, C. P. (2023). Trajectories of depressive symptoms early in the course of bereavement: Patterns, psychosocial factors and risk of prolonged grief. *Stress and Health*. <https://doi.org/10.1002/smi.3340>
20. Chen, E., Jiang, T., **Chen, M. A.**, Chiu, R. Y., & Miller, G. E. (2023). Resilience in children with chronic illness: Tests of the Shift-and-Persist and Skin-Deep Resilience theories. *Development and Psychopathology*, 35, 2264-2274. <https://doi.org/10.1017/S0954579423000603>
19. Paoletti, J., **Chen, M. A.**, Wu-Chung, E. L., Brown, R. L., LeRoy, A. S., Murdock, K. W., Heijnen, C. J., & Fagundes, C. P. (2023). Employment status and family income in psychological and physical health during bereavement. *Psychoneuroendocrinology*, 150, 106024. <https://doi.org/10.1016/j.psyneuen.2023.106024>
18. **Chen, M. A.** & Fagundes, C. P. (2022). Childhood maltreatment, emotion regulation strategies and

depressive symptoms during spousal bereavement. *Child Abuse & Neglect*, 128, 105618.
<https://doi.org/10.1016/j.chiabu.2022.105618>

17. **Chen, M. A.**, Brown, R. L., Chen, J. Y., de Dios, M. A., Green, C. E., Heijnen, C. J., & Fagundes, C. P. (2022). Childhood maltreatment, subjective social status, and health disparities in bereavement. *Psychoneuroendocrinology*, 135, 105595. <https://doi.org/10.1016/j.psyneuen.2021.105595>
16. Brown, R. L., **Chen, M. A.**, Paoletti, J., Dicker, E. E., Wu-Chung, E. L., LeRoy, A. S., Majd, M., Suchting, R., Thayer, J. F., & Fagundes, C. P. (2022). Emotion regulation, parasympathetic function, and psychological well-being. *Frontiers in Psychology*, 13, 1-11.
<https://doi.org/10.3389/fpsyg.2022.879166>
15. Brown, R. L., LeRoy, A. S., **Chen, M. A.**, Suchting, R., Jaremka, L. M., Liu, J., Heijnen, C. J., & Fagundes, C. P. (2022). Grief symptoms promote inflammation during acute stress among bereaved spouses. *Psychological Science*, 33(6), 859-873.
<https://doi.org/10.1177/09567976211059502>
14. **Chen, M. A.**, LeRoy, A. S., Majd, M., Chen, J. Y., Brown, R. L., Christian, L. M., & Fagundes, C. P. (2021). Immune and epigenetic pathways linking childhood adversity and health across the lifespan. *Frontiers in Psychology*, 12, 5550. <https://doi.org/10.3389/fpsyg.2021.788351>
13. Wu, E. L., Brown, R. L., Chirinos, D. A., **Chen, M. A.**, de Dios, M., Taylor, D. M., Butner, J. E., Heijnen, C. J., & Fagundes, C. P. (2021). Socioeconomic disparities in health: changes in sleep quality and inflammation during bereavement. *Comprehensive Psychoneuroendocrinology*, 7, 10056. <https://doi.org/10.1016/j.cpnec.2021.100056>
12. Garcini, L. M., Brown, R. L., **Chen, M. A.**, Saucedo, L., Fite, A. M., Ye, P., Ziauddin, K., & Fagundes, C. P. (2021). Bereavement among widowed Latinos in the United States: A systematic review of methodology and findings. *Death Studies*, 1-12. <https://doi.org/10.1080/07481187.2019.1648328>
11. Garcini, L. M., Brown, R. L., Ziauddin, K., **Chen, M. A.**, Saucedo, L., LeRoy, A. S., Morales, P., Fagundes, C. P., & Tsevat, J. (2021). Chronic pain and psychological distress among undocumented Latino immigrants. *Journal of General Internal Medicine*, 36(3), 585-591.
<https://doi.org/10.1007/s11606-020-05910-2%E2%80%8B>
10. **Chen, M. A.**, Lewis, M. R., Chirinos, D. A., Murdock, K. W., & Fagundes, C. (2020). Differential psychological reactions to grief: The role of childhood adversity for depression symptoms among bereaved and non-bereaved adults. *Death Studies*, 44(12), 778-786.
<https://doi.org/10.1080/07481187.2019.1614107>
9. Brown, R. L., Shahane, A.D., **Chen, M. A.**, & Fagundes, C. P. (2020). Cognitive reappraisal and nasal cytokine production following experimental rhinovirus infection. *Brain, Behavior, and Immunity - Health*, 1, 100012. <https://doi.org/10.1016/j.bbih.2019.100012>
8. Garcini, L. M., **Chen, M. A.**, Brown, R., LeRoy, A. S., Cano, M. A., Peek, K., & Fagundes, C. (2020). "Abrazame que ayuda" (Hug me, it helps): Social support and the effect of perceived discrimination on depression among US- and Foreign-born Latinxs in the USA. *Journal of Racial and Ethnic Health Disparities*, 7(3), 481-487. <https://doi.org/10.1007/s40615-019-00676-8>

7. Fagundes, C. P., Brown, R. L., **Chen, M. A.**, Murdock, K. W., Saucedo, L., LeRoy, A., Wu, E. L., Garcini, L. M., Shahane, A. S., Baameur, F., & Heijnen, C. (2019). Grief, depressive symptoms, and inflammation in the spousally bereaved. *Psychoneuroendocrinology*, *100*, 190-197. <https://doi.org/10.1016/j.psyneuen.2018.10.006>
6. Garcini, L. M., Galvan, T., Brown, R., **Chen, M. A.**, Klonoff, E. A., Ziauddin, K., & Fagundes, C. P. (2019). Miles over mind: Transnational death and its association with psychological distress among undocumented Mexican immigrants. *Death Studies*, 1-9. <https://doi.org/10.1080/07481187.2019.1573862>
5. Garcini, L. M., Stowe, R. P., Chirinos, D. A., Murdock, K. W., LeRoy, A. S., **Chen, M. A.**, Zhang, J., & Fagundes, C. (2019). Church attendance and CMV herpes virus latency among bereaved and non-bereaved adults. *Psychology of Religion and Spirituality*, *11*(3), 319-325. <https://doi.org/10.1037/rel0000222>
4. Garcini, L. M., **Chen, M. A.**, Brown, R. L., Galvan, T., Saucedo, L., Berger Cardoso, J. A., & Fagundes, C. P. (2018). Kicks hurt less: Discrimination predicts distress beyond trauma among undocumented Mexican immigrants. *Psychology of Violence*, *8*(6), 692-701. <https://doi.org/10.1037/vio0000205>
3. Seiler, A., **Chen, M. A.**, Brown, R. L., & Fagundes, C. P. (2018). Obesity, dietary factors, nutrition, and breast cancer risk. *Current Breast Cancer Reports*, *10*(1), 14-27. <https://doi.org/10.1007/s12609-018-0264-0%E2%80%8B>
2. LeRoy, A. S., Shields, A., **Chen, M. A.**, Brown, R. L., & Fagundes, C. P. (2018). Improving breast cancer survivors' psychological outcomes and quality of life: alternatives to traditional psychotherapy. *Current Breast Cancer Reports*, *10*(1), 28-34. <https://doi.org/10.1007/s12609-018-0266-y>
1. Chang, A.T., **Tran, M.**, & Nikonowicz, E. P. (2017). Structure and dynamics of the tetra-A loop and (AA)-U sequence motif within the coliphage GA replicase RNA operator. *Biochemistry*, *56*(21), 2690-2700. <https://doi.org/10.1021/acs.biochem.7b00123>

MANUSCRIPTS UNDER REVIEW OR WITH INVITED REVISION

- Wu-Chung, E. L., Brown, R. L., Suchting, R., Paoletti, J., **Chen, M. A.**, LeRoy, A. S., Murdock, K. W., Heijnen, C. J., & Fagundes, C. P. (Under Review). Spousal bereavement enhances proinflammatory cytokine production to acute, psychological stress. *Health Psychology*.
- Kanemitsu, J., **Chen, M. A.**, Brown, R. L., Shahane, A. D., Wherrey, K. A., Harris, K. E., & LeRoy, A. S. (Under Review). Writing about being burdensome to others: Observed linguistic patterns during a perceived burdensomeness manipulation. *Journal of Language & Social Psychology*.

CONFERENCES PRESENTATIONS AND POSTERS

* = mentored undergraduate student

- Chen, M. A.**, Chung, V. J. H., Kim, J., Moon, H., Chen, E., & Miller, G. E. (2024, June). *Socioeconomic Disadvantage and Inflammation: The Moderating Roles of a Secure Base and Maternal Hostility*. Oral

presentation given at the 2024 Psychoneuroimmunology Research Society Annual Scientific Meeting. Halifax, Nova Scotia.

- Chen, M. A.** (2024, April). *Psychoneuroimmunological Pathways Linking Childhood Adversity and Cardiovascular Health*. Invited speaker for the “Biological Mechanisms of Race-Biased Hypertension: The Mind-Body Connection” symposium at the 2024 American Physiology Summit. Long Beach, California.
- Chen, M. A.,** Chen, E., Passarelli, V., Kim, J., Moon, H., & Miller, G. E. (2023, March). *Childhood Socioeconomic Disadvantage, Neighborhood Belonging, and Inflammation Among Adolescents*. Oral presentation given at the 2023 American Psychosomatic Society Annual Scientific Meeting. San Juan, Puerto Rico.
- Chen, M. A.,** Raeisi, S., Passarelli, V., Chen, E., & Miller, G. E. (2023, February). *Family Stress, Socioeconomic Disadvantage, and Inflammation Among Youth*. Oral presentation given at the 2023 Psychoneuroimmunology Research Society Spring Trainee Event. Online.
- Paoletti, J., Wu-Chung, L., Brown, R. L., **Chen, M. A.,** LeRoy, A. S., & Fagundes, C. P. (2022, November). *Trait Self-Control and Attachment Anxiety in Retirees’ Depressive Symptoms and Emotional Well-being*. Poster presented at the 2022 Annual Meeting of the Gerontological Society of America. Indianapolis, Indiana.
- Wu-Chung, E. L., **Chen, M. A.,** Paoletti, J., Brown, R. L., LeRoy, A. S., Murdock, K. W., Heijnen, C. J., & Fagundes, C. P. (2022, June). *Inflammatory Reactivity to Social Stress in Bereaved and Nonbereaved Adults*. Poster presented at the 2022 Psychoneuroimmunology Research Society Annual Scientific Meeting. Zurich, Switzerland.
- Chen, M. A.,** Suchting, R., Thayer, J., & Fagundes, C. P. (2022, June). *Resilience to Stress Across the Lifespan*. Poster presented at the 2022 Society for the Study of Human Development Conference Series. Online.
- Wu-Chung, E. L., **Chen, M. A.,** Paoletti, J., Brown, R. L., LeRoy, A. S., Murdock, K. W., Heijnen, C. J., & Fagundes, C.P. (2022, March). *Differential Immune Responses to Acute Stress Among Bereaved and Nonbereaved Adults*. Oral presentation given at 2022 Annual Meeting of the American Psychosomatic Society. Long Beach, California.
- Paoletti, J., Wu-Chung, E. L., **Chen, M. A.,** Brown, R. L., LeRoy, A. S., Murdock, K. W., Heijnen, C. J., & Fagundes, C. P. (2022, March). *Employment Status and Family Income in Psychological and Physical Health Post-Bereavement*. Poster presented at the 2022 Annual Meeting of the American Psychosomatic Society. Long Beach, California.
- *Maldonado, D., **Chen, M. A.,** & Fagundes, C. P. (2021, August). *Interaction Between Attachment Style and Rumination as a Predictor of Changes in Interleukin-6 Following the Loss of a Spouse*. Poster presented at the 2021 Institute of Biosciences & Bioengineering Summer Undergraduate Research Symposium. Rice University, Houston, Texas.
- Chen, M. A.,** Brown, R. L., Chen, J. Y., de Dios, M. A., Heijnen, C. J., & Fagundes, C. P. (2021, May). *Childhood Maltreatment, Subjective Social Status, and Health Disparities in Bereavement*. Poster

presented at the 2021 Psychoneuroimmunology Research Society Annual Scientific Meeting. Online.

- Chen, M. A.** & Fagundes, C. F. (2020, December). *The Role of Childhood Maltreatment and Self-Regulatory Processes on Inflammation, Depressive Symptoms, and Grief Symptoms During Spousal Bereavement*. Poster presented at the 2020 American Psychosomatic Virtual Meeting. Online.
- Wu, E. L., Jennings, C. J., Brown, R. L., Chirinos, D. A., **Chen, M. A.**, de Dios, M., Taylor, D. M., Heijnen, C. J., & Fagundes, C. P. (2020, December). *Socioeconomic Disparities in Health: Changes in Sleep Quality And Inflammation In Recently Bereaved Spouses*. Poster presented at the 2020 American Psychosomatic Virtual Meeting. Online.
- Brown, R. L., LeRoy, A. S., **Chen, M. A.**, Suchting, R., Jarmeka, L., Heijnen, C. J., & Fagundes, C. P. (2020, December). *Grief Symptoms Promote Inflammation During Acute Stress*. Oral paper presentation given at the 2020 American Psychosomatic Society Virtual Meeting. Online.
- Chen, M. A.** & Fagundes, C. F. (2020, March – Cancelled due to COVID-19). *The Role of Childhood Maltreatment and Regulatory Processes on Inflammation During Spousal Bereavement*. Oral presentation scheduled for the Achieving Health Equity: Opportunities for Psychosomatic Medicine: Annual Meeting of the American Psychosomatic Society. Long Beach, California.
- *Orozco-Barraza, N., **Chen, M. A.**, & Fagundes, C. P. (2019, August). *The Role of Stressful Life Events and Sleep Quality on Depressive Symptoms Among Latino Minorities*. Poster presented at the 2019 Institute of Biosciences & Bioengineering Summer Research Symposium. Rice University, Houston, Texas.
- Chen, M. A.** & Fagundes, C. F. (2019, April). *The Role of Childhood Adversity on Depressive Symptoms Among Bereaved and Non-Bereaved Adults*. Poster presented at the 2019 Rice University Department of Psychological Sciences Research Symposium. Rice University, Houston, Texas.
- Chen, M. A.**, Brown, R. L., Murdock, K. W., Saucedo, L., LeRoy, A., Wu, L., ...& Fagundes, C. P. (2019, March). *Association Between Depression and Inflammation Among Bereaved Adults*. Poster presented at the 2019 Gulf Coast Consortia Mental Health Research Symposium. Rice University, Houston, Texas.
- Brown, R. L., **Chen, M. A.**, Garcini, L. M., & Fagundes, C. P. (2019, February). *Distress From Family Separation Associated with Clinically Significant Psychological Distress for Undocumented Immigrants*. Poster presented at the 2019 Society for Personality and Social Psychology. Portland, Oregon.
- Chen, M. A.**, Garcini, L. M., Brown, R. L., & Fagundes, C. P. (2018, August). *Types Of Social Support Buffering Discrimination Among Latinos*. Oral presentation given at the 2018 American Psychological Association Convention Symposium: Propelling Diverse Trauma Research Forward – Illuminating Mediators and Moderators of Poor Outcomes. San Francisco, California.
- Chen, M. A.**, Brown, R. L., Murdock, K. W., Saucedo, L., LeRoy, A., Wu, L., ...& Fagundes, C. P. (2018, June). *Association Between Depression and Inflammation Among Bereaved Adults*. Poster presented at the 2018 Psychoneuroimmunology Research Society Annual Scientific Meeting. Miami, Florida.

Chen, M. A., Brown, R. L., Murdock, K. W., Saucedo, L., LeRoy, A., Wu, L., ... & Fagundes, C. P. (2018, February). *Grief, Depressive Symptoms, And Inflammation in the Spousally Bereaved*. Poster presented at the 2018 Gulf Coast Consortia Mental Health Research Symposium. Rice University, Houston, Texas.

ADDITIONAL SPEAKING EXPERIENCE

- Chen, M. A.** (2024, March). *Identifying Biopsychosocial Pathways Underlying the Link Between Stress and Health Across the Lifespan*. Oral presentation given at the Northwestern University Personality, Development, and Health Seminar. Evanston, Illinois.
- Chen, M. A.** (2023, March). *Childhood Socioeconomic Disadvantage, Neighborhood Belonging, and Inflammation Among Adolescents*. Oral presentation given at the Northwestern University Cells to Society Workshop. Evanston, Illinois.
- Chen, M.A.** (2022, March). *Childhood Maltreatment, Subjective Social Status, and Health Disparities in Bereavement*. Invited speaker at 2022 Cognitive, Health, and Affective Tea Seminar. Rice University, Houston, Texas.
- Chen, M.A.** (2021, June). *Grant Writing Panel*. Invited speaker at the 2021 NSF Research Experiences for Undergraduates (REU) Grant Writing Panel. Rice University, Houston, Texas.
- Chen, M.A.** (2020, April). *The Role of Childhood Maltreatment and Regulatory Processes on Psychological and Physical Health During Spousal Bereavement*. Invited speaker at 2020 Health Tea Seminar. Rice University, Houston, Texas.
- Chen, M.A.** (2020, March – Cancelled due to COVID-19). *Early Life Stress, Heart Rate Variability, and Inflammation During Spousal Bereavement*. Invited speaker at 2020 Health Tea Seminar. Rice University, Houston, Texas.
- Chen, M. A.** (2019, August). *Cardiovascular Disease and Related Psychosocial Factors*. Invited speaker at Weekley Family YMCA. Houston, Texas.
- Chen, M. A.** (2019, April). *The Role of Childhood Maltreatment and Heart Rate Variability on Inflammation During Spousal Bereavement*. Invited speaker at 2019 Health Tea Seminar. Rice University, Houston, Texas.
- Chen, M. A.** (2019, February). *Graduate Student Panel for Undergraduates*. Invited speaker at a panel giving research and career advice to aspiring young academics. Rice University, Houston, Texas.
- Chen, M. A.,** Brown, R. L., & Wu, L. (2019, February). *How Stress Gets Under the Skin*. Invited speaker at the 2019 Expanding Your Horizons Conference. Houston, Texas.
- Chen, M. A.** (2018, February). *Graduate Student Panel for Undergraduates*. Invited speaker at a panel giving research and career advice to aspiring young academics. Rice University, Houston, Texas.

AWARDS AND HONORS

Northwestern University Office of Postdoctoral Affairs Conference Travel Grant, 2024

- Funding award to present at the Psychoneuroimmunology Research Society Annual Scientific Meeting.

Psychoneuroimmunology Research Society Spring Event Award, 2023

- Award given to best presentation in group session at the Psychoneuroimmunology Research Society Spring Event.

Ruth L. Kirschstein National Research Service Award (NRSA), 2022-2025

- Enables post-doctoral students to obtain individualized, mentored research training from outstanding faculty sponsors.

Ruth L. Kirschstein National Research Service Award (NRSA), 2020-2022

- Enables pre-doctoral students to obtain individualized, mentored research training from outstanding faculty sponsors while conducting dissertation research.

NSF Graduate Research Fellowship Program (GRFP) Honorable Mention, 2018

- Recognizes individuals early in their graduate training in Science, Technology, Engineering, and Mathematics (STEM) fields. Honorable mention recognition awarded to 12% of applicants.

Rice University Graduate Student Conference Travel Award, 2021

- Funding award to present at the Psychoneuroimmunology Research Society Annual Scientific Meeting.

Rice University Graduate Student Conference Travel Award, 2020

- Funding award to present at Achieving Health Equity: Opportunities for Psychosomatic Medicine: Annual Meeting of the American Psychosomatic Society.

Rice University Graduate Student Conference Travel Award, 2018

- Funding award to present in a colloquium at the 2018 American Psychological Association Convention Symposium.

Rice University President's Honor Roll, Spring 2013 and Spring 2014

- Recognizes outstanding undergraduate students and outstanding academic achievement based on semester GPA.

PROFESSIONAL MEMBERSHIPS

- American Psychosomatic Society
- Psychoneuroimmunology Research Society
- Society for Health Psychology
- American Psychological Association
- Association for Psychological Science
- American Physiological Society

REVIEW EXPERIENCE

- *Health Psychology*, reviewer
- *Development & Psychopathology*, reviewer
- *Psychoneuroendocrinology*, reviewer
- *Psychophysiology*, reviewer
- *Death Studies*, reviewer

TEACHING

- Teaching Assistant
 - PSYC 345: Health Psychology, Spring 2020
 - PSYC 345: Health Psychology, Spring 2019
- Guest Lectures
 - Baylor University NSC/PSY 4312: Behavioral Medicine, *Race, Ethnicity, and Health*, Spring 2024
 - Baylor University PHP 1105: Foundations of Medicine, *Racial and Social Inequities in Healthcare*, Fall 2023
 - Rice University PSYC 346: Stress and Health Across the Lifespan, *Lifespan Impact of Childhood Adversity*, Summer 2023
 - Rice University PSYC 480: Positive Psychology, *Positive Psychology: A Psychoneuroimmunology Perspective*, Fall 2021
 - Rice University PSYC 480: Positive Psychology, *Positive Psychology: A Psychoneuroimmunology Perspective*, Summer 2021
 - Rice University PSYC 480: Positive Psychology, *Positive Psychology: A Psychoneuroimmunology Perspective*, Fall 2020
 - Rice University PSYC 480: Positive Psychology, *Positive Psychology: A Psychoneuroimmunology Perspective*, Summer 2020
 - Rice University PSYC 340: Research Methods, *Health Psychology*, Spring 2020
 - Rice University PSYC 345: Health Psychology, *Cardiovascular Disease and Related Psychosocial Factors*, Spring 2020
 - Rice University PSYC 231: Industrial and Organizational Psychology, *Stress and Well-being*, Spring 2020
 - University of Houston MGT 3307: Diversity Management, *Diversity in Context: Health Disparities*, Spring 2020
 - Rice University PSYC 346: Stress and Health Across the Lifespan, *Cognitive Behavioral Approaches to Stress and Health: Introduction to Motivational Interviewing*, Fall 2019
 - Rice University PSYC 345: Health Psychology, *Cardiovascular Disease and Related Psychosocial Factors*, Spring 2019
 - Rice University PSYC 340: Research Methods, *Health Psychology*, Spring 2019

ADVISING

- American Heart Association: The Summer Cardiovascular Research Internship Program (SCRIP), June 2021 – August 2021
 - Served as the primary mentor for summer research intern
 - Advised on summer research project and poster presentation at the end of internship as part of a prestigious research-intensive training program

- The University of Texas at El Paso BUILDing SCHOLARS, June 2019 – August 2019
 - Served as the primary mentor for summer research intern
 - Advised on summer research project and poster presentation at the end of internship as part of a prestigious research-intensive training program, funded by the National Institutes of Health
- Center for Health Outcomes and Population Equity (HOPE), October 2016 – December 2019
 - Served as the primary mentor and advisor for 23 research assistants, including students and staff members
 - Advised 19 students who each proposed a research study at the end of the semester

SERVICE

- Vice President, Rice University Psychological Sciences Graduate Student Association, 2021 - 2022
- Society for Health Psychology, Diversity Council, 2018 - 2020
- Society for Health Psychology, Education & Training Council, 2018 – 2020
- Rice University Recruitment Weekend Committee, Spring 2019
- Rice University Health Tea Seminar Coordinator, Fall 2018